



BILLESLEY PRIMARY SCHOOL

Policy for Sex and Relationships Education

Policy Development:

This policy had been developed based on the needs of the children and school community. Consultation with children, staff, parents and governors formed the foundation of this policy. The policy has been written working with the Health Education Unit (and has been agreed by governors, staff and parents.) This policy is a statement of the aims, objectives and strategies for the teaching of Sex and Relationships Education This includes an awareness of issues such as: FGM, human trafficking, forced marriage, sexual exploitation and counter-terrorism, following the DFE document: **'Keeping Children Safe in Education (April 2014)**. (We follow the Government National Strategy for counter-terrorism 2011. For further information please see: <https://www.gov.uk/government/publications/counter-terrorism-strategy-contest>).

Aims and Objectives of Sex and Relationship Education (SRE)

Definition:

SRE is lifelong learning about physical moral and emotional development. It should support children in managing adolescence and preparing them for adult life, helping them to understand themselves, to respect others and to sustain healthy relationships of all kinds.

SRE aims to support children throughout their time at the school so that they are able to:

- Form positive relationships
- Use knowledge and skills to make informed choices
- Have a realistic and positive self image valuing and respecting themselves and others
- Have the confidence to talk about and deal positively with their emotions, feelings and beliefs and those of others
- To have the skills necessary to deal with situations involving peer pressure
- Keep them selves safe and be able to ask for help in the different situations they may face, including e-safety.
- Keep clean and healthy
- Have the correct terminology to talk about their bodies
- Be aware of their own bodies and understand and be prepared for the physical and emotional changes that happen to them as they grow up
- Understand how babies are conceived and develop
- To understand the need to plan a family

Make sense of the messages that they receive about relationships and growing up from the world around them

Equal opportunities:

It is intended that the school's SRE policy and programme will reflect the ethos of the school, by providing a secure, inclusive, non-judgemental environment in which to learn. Therefore, no child or family will be discriminated against on grounds of race, gender, health, ability or sexuality.

In support of our equal opportunities policy staff will challenge discrimination and stereotyping

Staff will support children to understand that people hold different points of view and that there is not always one clear and correct answer

Teaching SRE.

Before teaching any SRE unit of work, please consult with PSHE coordinator. Parents and carers need to be informed, but all communication must be agreed through the SLT. Two adults need to be present in all sessions. All staff must ensure they view all teaching materials before beginning the unit.

REMEMBER

- Establish rules with the group e.g. Discuss confidentiality.
- Have a question box ready and explain how it will be used.
- Use a range of teaching styles as agreed within the year group e.g single sex teaching, circle time, question boxes, paired activities, whole class activities, group work, working individually, pre tutoring, use of interactive white board, DVD's and ICT.

The Content of the SRE Curriculum:

SRE is based within Science and Personal Social Health and Education. Any topics covered as part of the science curriculum are statutory.

This includes:

KS1:

- Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with in each sense.
- Notice that animals, including humans, have offspring which grow into adults.

KS2:

- **Describe the differences in the life cycle of a mammal, an amphibian, an insect and a bird.**
- **Describe the life process of reproduction in animals, including humans.**

SRE is covered within the four main strands of PSHE:

- Developing confidence and responsibility and making the most of their abilities
- Preparing children to play an active role as citizens developing a healthy safer lifestyle
- Developing good relationships and respecting the differences between people

SRE is covered as a discreet module from Year 2. This is progressive and will be taught annually.

Year Group	Coverage	Term	Programme
Year 2	Introduce differences and naming body parts.	Summer 1	Channel 4 Living and Growing Unit 1 -Programme 1 Differences
Year 3	Basic introduction to puberty looking at the differences between male and female.	Summer 1	Channel 4 Living and Growing Unit 1- Programme 2 How did I get here? (animation of sexual organs.) Programme 3- Growing up
Year 4	Puberty, preparing children for the physical and emotional changes that happen to them as they grow up	Spring 2	Living and Growing – unit 2 Programme 4 – Changes
Year 5	Recap on puberty, human lifecycles including reproduction, dealing with peer pressure and discuss positive parenting	Summer 2	Programme5- How babies are made? (animation sexual intercourse.) Programme 6 –How babies are born? (live birth)
Year 6	Recap on puberty and reproduction Teach that they have a choice whether or not to be sexually active. Develop strategies for dealing with peer pressure, and explore the responsibilities of becoming a parent.	Autumn 2	Revision of puberty. Choices- whether to be sexual active or not. Develop strategies for dealing with peer pressure and explore responsibilities of becoming a parent.

For further details please refer to PSHE scheme of work (See channel 4 Living and growing resources.)

SRE will be taught by the appropriate staff, with the support of the school nurse, if necessary. All staff will be supported in this work with opportunities for team teaching, which will need to be planned and agreed in advance. The teaching of SRE will be flexible enough to take into account the needs of individual year groups. Single sex teaching will be used for some SRE lessons, however both boys and girls will receive the same curriculum. Staff should be aware that parents will need to be informed before they take place.

Resources:

Core scheme: Channel 4 – Living and Growing

Specific Issues:

Provision for Pubertal Pupils:

- Supplies of sanitary protection will be available from reception, class teachers will also provide these if necessary. Children will be able to speak to any member of staff they feel comfortable with to access supplies.
- A sanitary disposal units will be available in the KS2 toilets.

Confidentiality and Child protection

- Confidentiality cannot be offered to any child. If any child protection issues arise all staff and people working within the school must follow Child Protection Procedures and inform the Head Teacher
- It is inappropriate for both teachers and children to answer personal questions
- Staff are encouraged to answer all questions but will use their professional judgement to decide whether an appropriate response should be given in a whole class situation or referred to home or head teacher
- Correct and appropriate terminology will be used. The use of correct terminology will be encouraged throughout the school.

External Agencies:

All visitors will work within the policy framework. A teacher will be present at all times.
Refer to Head teacher or PSHE Coordinator.

Working with parents and carers:

The school seeks to work in partnership with parents and carers, through consultation and support. The school recognises that parents and carers play a vital role in providing education about relationships and growing up. We aim to support parents in this role. Parental views were integral to the development of the policy and schemes of work. Parents will be specifically informed through a letter about discreet SRE lessons and be provided with the opportunity to view resources and discuss the specific teaching content.

Parental and carers withdrawal:

All children will receive their statutory entitlement to SRE which is covered within the national curriculum.

SRE is an integral part of PSHE and therefore it is not always possible to separate them both. If parents have concerns about the content of SRE or want to withdraw their child they will need to make an appointment with the head to discuss it. Any complaint should be referred to the head.

Monitoring and evaluation:

The new policy will be evaluated by governing body biannually.

Reviewed January 2014